

Organization and Execution of Public Health

Public Health refers to the science and art of preventing disease, prolonging life and promoting health through organized efforts and informed choices of society, organizations, public and private, communities and individuals¹. In the modern world with excessive exploration of Medical Sciences & respective research there is a dire need of reorganization of Health services.

The focus of a public health intervention is to prevent and manage diseases, injuries and other health conditions through surveillance of cases and the promotion of healthy behaviors, communities and environments. Many diseases are preventable through simple, non-medical methods. For example, research has shown that the simple act of hand washing with soap can prevent many contagious diseases².

In Pakistan There is a dire need for reorganization of Public Health with focus on National Conditions. First issue is monetary; in which context there is a dire need to introduce Health Insurance Scheme. In this scheme every person must contribute a small amount. That would make a gross amount that may be used in the Health Care System. For Service Structure health care support may be provided in area mosques where Public Health Doctors should be posted to look around the adjoining community. Thus excellent public health records can also be maintained³.

Thus there is a dire need of reorganization of Public Health Delivery System which must be constituted by medical Professionals specially trained to promote health rather than focus on disease treatment; since prevention is better than cure.

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